

## ANTIPASTI

<b>Burrata (v g d)</b> Organic cherry tomatoes, aged balsamic, garlic crostini	90
<b>Bruschetta (v g)</b> Cherry tomatoes, basil on sourdough bread	45
<b>Artichoke Tortellini (v g d)</b> filled with artichoke heart, ricotta, parmesan	55
<b>Grilled Octopus</b> Roast potatoes, marinara sauce, pickled celery	90
<b>Fritto Misto (s g)</b> Prawns, calamari, artichokes, aioli	65
<b>Carpaccio (g d)</b> Dry aged tenderloin, rocket, shaved Parmigiano	65
<b>Arancini (g d)</b> Crispy risotto balls filled with braised brisket, marinara sauce	45
<b>BBQ Lamb Ribs (g)</b> Slow smoked spring lamb ribs, herb breadcrumbs	80

## INSALATE

<b>Beetroot Salad (v d)</b> Goat cheese, balsamic	60
<b>Panzanella (v g)</b> Cucumber, cherry tomatoes, red onion, sourdough bread, pesto dressing	40
<b>Palm Salad (v)</b> Palm hearts, Asian mix, cherry tomatoes, honey mustard dressing	40
<b>Caesar Salad (v d g)</b> Baby gem, caesar dressing, garlic croutons, garnished with crispy artichokes Chicken or shrimp	60
<b>Jumbo Tiger Prawn Salad (s g)</b> Poached shrimp, avocado, crispy shallots, truffle vinaigrette	70
<b>Bla Bla Nicoise Salad (v g d)</b> Marinated hamachi, haricot verts, crispy potatoes, cherry tomatoes	65

## PASTA AND RISOTTO

<b>Penne Arrabiatta (v g d)</b> Spicy marinara sauce	65
<b>Fusilli Pesto (g d v)</b> Pesto, haricot verts Add bacon	75
<b>Seafood Paccheri (s)</b> Clams, mussels, prawns, cherry tomato sauce	120
<b>Lobster Linguine (g d s)</b> Canadian lobster, cherry tomatoes, black olives, fresh chilli	140
<b>Fettuccine Alfredo (v d)</b> Chicken or shrimp	70
<b>Crazy Curry Penne (g d)</b> Grilled chicken, chanterelles, curry-infused Alfredo, eggplant chips	65
<b>Shredded Beef Bolognese (g d)</b> Braised brisket, bucatini, parmesan	85
<b>Lasagna (g d)</b> Slow cooked brisket, béchamel sauce	65
<b>Masala Risotto (d)</b> Grilled chicken, eggplant, peas, Makhani sauce	85
<b>Porcini Risotto (v d)</b> Porcini mushrooms, parmesan, Tuscan butter	90
<b>Lobster Risotto (s d)</b> Canadian lobster, white asparagus, pecorino toscano	95

## PIZZA

<b>Margherita (v g d)</b> Fresh mozzarella, tomato, basil	55
<b>Four Cheese (v g d)</b> Gorgonzola, fontina, buffalo mozzarella, smoked scamorza	75
<b>Truffle (v g d)</b> Black truffle, Fontina cheese, mesclun	95
<b>Burrata (v g d)</b> Slow roasted cherry tomatoes, basil	75
<b>Seafood (s g d)</b> Unagi, prawns, lobster	80
<b>Spicy Pepperoni (g d)</b> Beef pepperoni, chilli	75
<b>Tandoori (g d)</b> Tandoori spread, crispy chicken	70

## SECONDI

<b>Eggplant Parmigiana (v d)</b> Smoked buffalo mozzarella, basil pesto, tomato confit	85
<b>Chicken Parmigiana (d)</b> Roasted organic chicken, roast potatoes, arrabiatta sauce	95
<b>Pan Seared Salmon (g)</b> Organic salmon, olives, sweet potato fries, broccolini	110
<b>Black Cod Saikyo Yaki (g)</b> Miso marinated black cod, sautéed eringii mushrooms, yuzu miso sauce	135

## CHARCOAL GRILL

<b>Tenderloin</b>	110
<b>Wagyu Striploin 9+ Wagyu</b>	210
<b>Heritage Ribeye</b> Canadian ribeye	165
<b>Roast Baby Chicken</b>	100
<b>Grilled Seabass</b> Spiced chutney, pickled cucumber, burnt lemon	120
Sauces (d) Hollandaise, peppercorn, truffle or mushroom	

## SIDES

<b>Triple Cooked Fries (v)</b> Truffle mayo	30
<b>Bacon Mashed Potato (d)</b>	25
<b>Broccolini (v)</b>	25
<b>Mixed Green Salad (v)</b>	25

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v Vegetarian g Gluten d Dairy s Shellfish

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## APPETISERS

<b>Edamame (v)</b> Salty or spicy	25
<b>Crispy Rice Avocado (v g)</b> Mango chutney, sweet soy	50
<b>Hamachi Crudo (g)</b> Yellowtail, wasabi, yuzu	65
<b>Bla Bla Salmon Tacos (g)</b> Raw organic salmon, jalapeños, truffle ponzu	65
<b>Bla Bla Vegetable Tacos (v g)</b> Pickled vegetables, avocado, mango salsa	55
<b>Salt and Pepper Squid (g)</b> Lime, jalapeño aioli	50
<b>Katsu Kare (g)</b> Chicken cutlet, Hokkaido rice, Japanese curry sauce	50
<b>Dynamite Shrimp (s g)</b> Tempura shrimp, jalapeños, spicy aioli	75
<b>Japanese Spinach Salad (v g)</b> Sesame soy dressing	40

## TEMPURA

<b>Vegetable Tempura (v g)</b> Assorted vegetables, togarashi, ponzu	45
<b>Shrimp Tempura (s g)</b> Ebi, tempurako, ponzu	55

## GYOZAS

<b>Sesame Chicken Gyoza (g)</b> Organic chicken, ito togarashi, ponzu	55
<b>Cheese and Fresh Truffle Gyoza (v d g)</b> Four cheeses, mixed mushrooms, truffle cream	65
<b>Beef Gyoza (g)</b> Wagyu beef, spicy ponzu	60

## URAMAKI (8 PIECES)

<b>Crispy Quinoa (v)</b> Pickled vegetables, yuzu shiso	40
<b>Salmon Aburi (g)</b> Seared organic salmon, citrus aioli, fish roe	65
<b>Surf &amp; Turf (g s)</b> Shrimp tempura, wagyu beef, glazed pineapple	75
<b>Dragon Roll (g s)</b> Fresh water eel, crab, smoked eel sauce	80
<b>California Roll (g s)</b> King crab, avocado, tobiko	60
<b>Spicy Tuna (g)</b> Tuna, avocado, cucumber, spicy flakes	50
<b>Hamachi Roll</b> Winter yellowtail, yuzu kosho, shiso	60

## SUSHI PLATTER

<b>Sashimi - Chef's Selection</b> 9 pieces, 3 varieties	95
<b>Vegetarian Nigiri Platter</b> 10 pieces	75
<b>Nigiri Selection (g)</b> 6 pieces, 3 varieties	65
<b>Twelve Piece Platter (g s)</b> Includes rolls, nigiri, sashimi	125

## ROBATA GRILL

<b>Jumbo Asparagus (v)</b> Yuzu, sesame, miso	30
<b>Sasami (g)</b> Spiced miso chicken breast, kizami	35
<b>Sake (g)</b> Organic salmon, teriyaki	40
<b>Spicy Gyu (g)</b> Tenderloin, sesame	60
<b>Suzuki (g)</b> Chilean sea bass, sweet miso	70

## Smokehouse & BBQ

<b>Smoked Beef Nachos (d)</b> Melted cheddar, sour cream, guacamole, pickled jalapeños	45
<b>Chicken Wings (6 pcs) (g)</b> Blue cheese dip and Chipotle or Korean BBQ sauce	40
<b>Stuffed Jalapeños (v g d)</b> Smoked mozzarella, ranch dressing	35
<b>Loaded Fries (g d)</b> Meatballs, cheese sauce or smoked brisket	35
<b>Spicy Chicken Tenders (g)</b> Pickles, spicy mayo	45

## Sandwiches

<b>Beef Brisket (g)</b> Angus brisket, ciabatta bread, bbq sauce	50
<b>Fried Shrimp (s g d)</b> Crispy tiger shrimps, ciabatta bread, spicy mayo	45
<b>Bla Bla Sliders (g d)</b> Grass fed Angus beef, veal bacon, potato buns, Bla Bla signature sauce	70
<b>Classic Hotdog (g)</b> Relish, jalapeños, mustard	35
<b>Grilled Cheese (v g d)</b> Smoked cheddar, mozzarella, provolone, ciabatta bread	40

## BBQ

Served with pickles, Bla Bla bbq sauce and sourdough bread

<b>Beef Brisket (g)</b> Smoked for 72 hours	80
<b>Angus Short Rib (g)</b> Smoked for 96 hours	85

## Sides

<b>Mac and Cheese (v g d)</b>	25
<b>Sweet Potato Fries (v)</b>	25
<b>French Fries (v)</b>	25

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